

SafetyFestMT

Montana Department of Labor & Industry

SafetyFestMT Billings 2025

May 13 - 15, 2025

Billings Hotel & Convention Center

Class Descriptions

OSHA 10 Hour General Industry - Kaitlyn McGrath, Montana Safety and Health Consultation Program

Participants must attend each session in order to earn their OSHA 10-Hour Card. The OSHA 10 class helps develop the critical skill of Hazard Awareness - an analysis of cause & effects of the most common injuries happening on any job site. Benefits include increased productivity, fewer worker injuries, and greater employee engagement.

OSHA 10 Hour Construction Day - Montana Public Sector Safety Compliance

Participants must attend every session in order to earn their 10-Hour card. This training is designed to educate every construction worker on the recognition and avoidance of the top four hazards in your work environment. Topics include fall protection, personal protective equipment, health hazards, and more. It also includes an introduction to OSHA's construction industry standards and requirements of the more frequently referenced and cited standards. Students receive an OSHA 10- hour card upon completion.

Hydrogen Sulfide Training - Larry Alheim, Department of Environmental Quality

Hydrogen Sulfide Certification is designed as a safety awareness program to familiarize students with the dangers associated with working in an H₂S environment. The class is appropriate for entry-level through supervisory level employees. This class meets the ANSI/ASSE Z390.1-Accepted Practices for Hydrogen Sulfide (H₂S) Training Programs standard.

Thermal Exposure - Kaitlyn McGrath, Montana Safety and Health Consultation Program

Millions of U.S. workers are exposed to heat in their workplaces. Although illness from exposure to heat is preventable, every year thousands become sick from occupational heat exposure and some cases are fatal. This course covers the signs of heat illness and methods to control risk.

Suicide Prevention - Karl Rosston, Montana Department of Health and Human Services

This presentation focuses on suicide within our culture with specific attention towards Montana. The presentation covers national and Montana data, demographics of a suicidal person, warning signs, risk assessment, training on how to intervene with a suicidal person, and crisis resources available. The presentation will also cover a simple suicide risk assessment that any employer can use called the Columbia Suicide Severity Rating Scale, or C-SSRS. The C-SSRS is a suicidal ideation and behavior rating scale to evaluate suicide risk. It rates an individual's degree of suicidal ideation on a scale, ranging from "wish to be dead" to "active suicidal ideation with specific plan and intent and behaviors."

Learning objectives for this presentation include: 1) Participants will be able to identify at least three warning signs of suicide, 2) Participants will know what C-SSRS stands for, and 3) Participants will be able to identify at least two suicide prevention resources in the state.

Fentanyl and Methamphetamine Awareness - Tiffany Ott, Montana Safety and Health Consultation Program

Fentanyl and methamphetamine abuse profoundly impacts communities throughout the state. Methamphetamine is the most abused illicit drug in Montana and, over the last decade, illicit fentanyl use has increased at an alarming rate. This presentation will provide an overview of the history, current trends, social implications, and potential risks associated with a variety of occupations. The Bureau of Labor Statics has reported a significant increase in overdose deaths from non-medical use in the workplace and NIOSH has developed guidance for workplace naloxone programs. Individuals that would benefit from this training include, employers and employees in all sectors of industry, individuals who work in emergency services, public health, property management, real estate, and the general public.

Workers' Compensation 101 - Nick Poole, Workers' Compensation Section

This class provides an overview of Montana's workers' compensation system, including the history and purpose of workers' compensation, coverage requirements, rights and responsibilities of the employer and injured worker, benefits structure, and dispute resolution process.

Stay at Work, Return to Work - Jason Swant, Workers' Compensation Section

A primary objective of the workers' compensation system is to restore the injured worker to productive employment as soon as possible after an injury. An effective return-to-work program is a key component for a business looking to contain costs associated with workers' compensation claims. Surprisingly, a large percentage of employers do not implement return-to-work programs within their workplace. This course will explore the factors influencing return to work, and the challenges employers may face with creating effective return-to work programs.

Grain Safety - Ethan Anderson, Montana Safety and Health Consultation Program

This class will look at safety and health hazards that are commonly found in Grain Handling. We will be discussing the six most common hazards found in Grain Handling/Storage, abatement options for mitigating safety and health hazards, OSHA's Grain Handling standard 1910.272 and looking at tools and resources for employers to use when identifying and mitigating safety and health hazards.

Hazwoper Refresher - Larry Alheim, Department of Environmental Quality

This class meets OSHA requirements for 8 hours of annual refresher training and targets workers who remove hazardous waste or who are exposed to hazardous substances or health hazards. Topics include HAZWOPER regulations, safety hazards, air monitoring, medical surveillance, site control, decontamination, and respiratory equipment. **This is for those who have completed the 40-hour or 24-hour HAZWOPER training.**

MSHA Annual Refresher - Montana Public Sector Safety Compliance

The instructor will review your 5000-23 at the beginning of class. You must provide a previous 5000-23 for a completed (8 hours) Annual Refresher Class or your completed (24 Hours) New Miner 5000-23.

MSHA required annual refresher for Part 46 and Part 48 mines.

Trenching and Excavation - Construction Education Foundation Colorado

This class will offer an overview of the OSHA trenching and excavation standards, industry best practices, and resources for additional trenching and excavation safety assistance. The training will provide information to employers and employees who need to know the following: trenching and excavation problems, OSHA's basic message on trenching and excavation safety, utility protection, hazards, soil testing and classification, protective systems, and managing trenches and excavations.

Slips, Trips, and Falls - Montana Public Sector Safety Compliance

Slips, trips, and falls are one of the leading causes of accidents, both in and out of the workplace. As a result, they are a significant problem both to the public and the workplace. This class will cover practical methods to reduce slips and falls.

Lock Out Tag Out - Montana Public Sector Safety Compliance

This training course will review the requirements of the Lockout/Tagout regulation under OSHA 29 CFR 1910.147. This program will also cover the various types of active and stored energy sources and the controls necessary for employee protection. The various categories of tasks and activities requiring energy isolation will be reviewed including typical lockout procedures, equipment and devices used, as well as an understanding of employee lockout and verification responsibilities.

Electrical Safety Hazards - Matt Schonsberg, Montana Safety and Health Consultation Program

This presentation will provide basic level awareness training regarding electrical hazards in the workplace. Course objectives include defining and understand what electricity is and the hazards associated with it. Describe hazard protection measures as well as identifying electrical hazards in the workplace.

Public Sector Update - Montana Public Sector Safety Compliance

This course is for public sector entities and will discuss current trends in public sector safety inspections, along with professional safety, staff and inspectors will be available to answer your safety compliance questions.

Prevailing Wage - Misty Knight, Business Compliance Section

The purpose of the Montana Prevailing Wage law is to create a level playing field for those competing for public contracts and to protect the general welfare of Montana workers on public works projects. This class provides an overview of what is required by law, possible repercussions of violating Prevailing Wage law, the different components in rates schedules, and what they mean for you.

Child Labor Laws - Misty Knight, Business Compliance Section

The intent of the Montana Child Labor Standards Act is to protect young workers from employment possibly interfering with their educational opportunities or be detrimental to their health or well-being. This class will discuss the different age restrictions for youth employment and the hazardous occupations as defined by the USDOL.

FMLA and ADA - John Pavao, Department of Administration

Navigating the Family and Medical Leave Act (FMLA), Americans with Disabilities Act (ADA), and various other laws, regulations, policies, and procedures can seem complex and confusing. This presentation will examine key concepts of the FMLA, common challenges, and employer best practices. Attending both the FMLA and ADA presentations will offer participants a greater understanding of where the FMLA leave

begins and ends, how FMLA and ADA differ, how they often overlap, and how to administer each piece of legislation to remain compliant and balance the needs of both the employee and employer.

Ergonomics and Lifting Tools - Theresa Stack, Montana Safety and Health Consultation Program

Cumulative trauma injuries are becoming one of the top workers' compensation claims that employers face. This presentation will discuss physical work place risk factors and how to use a lifting assessment tool, the ACGIH Lifting Index, to conduct an ergonomic assessment for employees. The class also covers the use of the lifting index to design solutions to common lifting challenges.

Workplace Violence - Drew Sheehy, Montana Safety and Health Consultation Program

This course will cover Workplace Violence from a generic OSHA workplace environment setting including general industry, construction, and office settings as well as a portion outlining workplace violence specific to the healthcare industry and its workers.

Human Rights - Carla Lott, Human Rights Bureau

Learn about steps you can take to keep your employees and patrons safe from sex discrimination. We will also review how to best respond if you do receive a report of sex discrimination or harassment to best protect your organization.

Hazcom - Drew Sheehy, Montana Safety and Health Consultation Program

This course will provide an overview of the Hazard Communication Standard. We will cover the methods for learning about chemical hazards, including labels, safety data sheets and hazard assessments, as well as standard requirements in the workplace.

Internal Safety Audits - Montana Safety and Health Consultation Program

This session is intended to provide knowledge of internal safety audits, according to the Montana Safety Culture Act and OSHA 1910 General Industry Standards. It will also provide guidance on how to plan and conduct a safety audit, common hazards found, and corrective actions.

Powered Industrial Trucks - Montana Public Sector Safety Compliance

Overview of 1910 Powered Industrial Vehicle Standard. A review of PIV hazards and training and technology used to mitigate hazards and prevent incidents and injuries.

Safety Culture - Tania Cherry, Montana State Fund

It's no secret that having a strong safety culture can catapult your safety performance. With everyone invested in protecting one another, employees will feel a greater sense of accountability for creating a safer work environment.

But how can you truly evaluate the current status of your organization's safety culture? And beyond that, once you do evaluate your organization's safety culture, how do you then manage the opportunities?

In this course we will review the different stages of a company safety culture, discuss and share tools to evaluate the current status of your safety culture and evaluate areas of opportunity. We will even talk through next steps on your safety culture journey!

Montana Safety Culture Act - Montana Public Sector Safety Compliance

The Safety Culture Act, enacted by the 1993 Montana State Legislature, encourages workers and employers to come together to create and implement a workplace safety philosophy. The Act intends to raise workplace safety to a preeminent position in the minds of all Montana's workers and employers. This class will cover requirements of the Montana Safety Culture Act.

Ergonomics and Hand Activity - Theresa Stack, Montana Safety and Health Consultation Program

This presentation will discuss physical work place risk factors found in repetitive tasks and how to use the ACGIH Hand Activity Level to not only evaluate the task but design solutions to reduce the risk of cumulative trauma injuries.

Heartsaver First Aid/CPR - Amy Horne, Montana Public Sector Safety Compliance

This class focuses on recognizing a medical emergency, making the decision to help, identifying hazards, ensuring personal safety, and activating the EMS system. Additional topics include initial assessment, establishing and maintaining an open airway, rescue breathing, chest compressions, treating for shock, control of bleeding, use and operations of automatic external defibrillators, and related first aid.

OSHA 7505 Introduction to Incident (Accident) Investigation - Construction Education Foundation Colorado

This course covers an introduction to basic incident investigation procedures and describes analysis techniques.

Course topics include reasons for conducting incident investigations, employer responsibilities related to workplace incident investigations, and a four step incident investigation procedure.

The target audience is the employer, manager, employee or employee representative who is involved in conducting incident and/or near-miss investigations.

Upon course completion students will have the basic skills necessary to conduct an effective incident investigation at the workplace.